



# UNITYTABLE

## 1. PRE-REFLECTION

- Set aside some time to dwell with God asking Him to search your heart and reveal to you the places that need a change of perspective. Ask Him to help you see people and situations as He sees them.
- Think about an uncomfortable connection you should make and agree to start working toward restoration. After searching your own heart for the exact nature of your wrongs in the situation, set a time for an open and honest discussion.

## 2. ICEBREAKERS TO HELP LAUNCH YOUR UNITY TABLE

- If you could have a superpower, what would it be and why?
- Which historical figure would you want to meet and why?
- What's the most interesting place you've ever visited?
- What has been most influential in your life so far and why?
- What is your favorite animal and why?

## 3. REFLECTION AND DISCUSSION

**Free to expand or linger on one or two if your Unity Table needs to do so.**

- How do you keep from losing your temper when you get weary of people not understanding your world view?
- How do you respond when you are in racial conversations that don't really connect with you?
- How can you make it easier for people who are curious to ask questions focused on race or culture?
- What things can you do to shut derogatory, disrespectful, or unhealthy questions down and instead encourage healthy conversation?